

MEAT FREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

Katsu Dipper & Rice
V

Margherita Pizza & Garlicky Wedges
V

Macaroni Cheese & Garlic Bread
V

Chicken Fajitas & Mexican Rice



Cheesy Bean Puff & Roast Potatoes
V

Roast Chicken with Crispy Potatoes & Gravy



Veggie Rice & Flatbread
V

Beef Burger & Wedges

Veggie Ragu & Spaghetti
PB



Fish Fingers & Chips
F

Sweetcorn & Mixed Salad

Green Beans & Coleslaw

Carrots & Peas

Sweetcorn & Broccoli

Peas & Baked Beans

Fresh Fruit
Fruit Yoghurt

Fresh Fruit
Cheese & Crackers

Fresh Fruit
Fruit Yoghurt

Fresh Fruit
Cheese & Crackers

St Clements Sponge with Vanilla Sauce

WEEK 2

Korean BBQ Balls & Rice
PB

Margherita Pizza & Paprika Wedges
V



Mushroom Carbonara & Garlic Bread
V

Sausage & Mash with Gravy



Veggie Curry & Coriander Rice
PB

Roast Chicken with Crispy Potatoes & Gravy

Veggie Stir Fry & Rice
PB

Greek Style Beef Pasta Bake & Focaccia

Veggie Dippers & Chips
PB

Fish Fingers & Chips
F



Sweetcorn & Coleslaw

Peas & Mixed Salad

Carrots & Broccoli

Sweetcorn & Green Beans

Peas & Baked Beans

Fresh Fruit
Fruit Yoghurt

Fresh Fruit
Cheese & Crackers

Fresh Fruit
Fruit Yoghurt

Fresh Fruit
Cheese & Crackers

Chocolate & Beetroot Brownie

WEEK 3

Veggie Burger & Wedges
V



Margherita Pizza & Cajun Wedges
V

Moroccan Tagine & Couscous
PB

Beef & Veggie Pie with Mash

Veggie Sausage with Crispy Potatoes & Gravy
V



Roast Chicken with Crispy Potatoes & Gravy

Veggie Chilli with Rice
PB

Chicken Meatballs in Tomato Sauce & Spaghetti



Cheese & Onion Quiche with Chips
V

Fish Fingers & Chips
F

Sweetcorn & Coleslaw

Green Bean & Carrots

Peas & Cauliflower

Roasted Med. Veggies & Sweetcorn

Peas & Baked Beans

Fresh Fruit
Fruit Yoghurt

Fresh Fruit
Cheese & Crackers

Fresh Fruit
Fruit Yoghurt

Fresh Fruit
Cheese & Crackers

Lemon & Courgette Muffin

Available Daily: Jacket Potato with Choice of Fillings

Salad Bar, Fresh Bread and Fresh Fruit

Menu Key: **PB** Plant Based | **F** Fish | **V** Vegetarian

WEEK 1: 4 NOV / 25 NOV / 16 DEC / 6 JAN / 27 JAN / 10 MAR / 31 MAR

WEEK 2: 11 NOV / 2 DEC / 13 JAN / 3 FEB / 24 FEB / 17 MAR

WEEK 3: 18 NOV / 9 DEC / 20 JAN / 10 FEB / 3 MAR / 24 MAR

