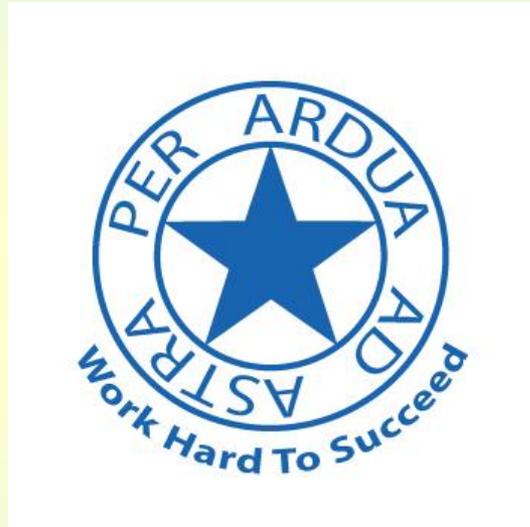


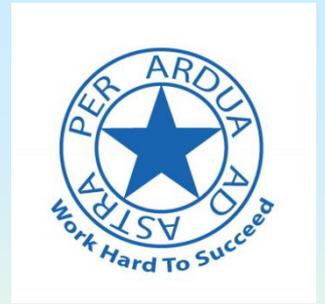
RSE Parent Talk



Garden Suburb Junior School
November 2019



RSE Curriculum Links



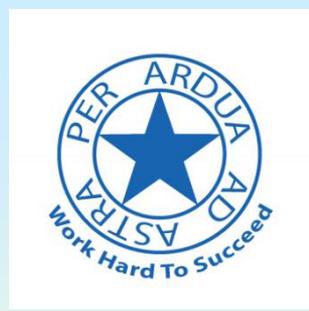
- **Science Curriculum**
- **Personal Social and health Education (PSHE)**
- **Relationships and Sex Education (RSE)**
- **Safeguarding**

Science Curriculum



- Work scientifically and use scientific language
- Be able to identify body parts and their functions
- Know about life cycles
- Know about the growth and development of humans
- Describe changes in humans as they develop to old age
- Describe the changes experienced in puberty

PSHE Curriculum



Encourages children and young people to develop self awareness, positive self-esteem and confidence in order to make the right choices to:

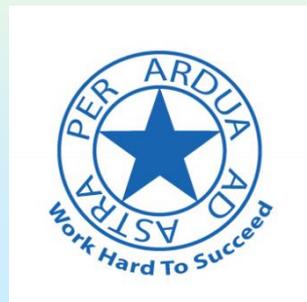
- stay as healthy (mentally and physically) as possible
- keep themselves and others safe
- have worthwhile and fulfilling relationships
- respect differences between people
- develop independence and responsibility
- play an active role as members of a democratic society
- learn about fundamental British values
- make the most of their own and others' abilities.

The RSE policy at Garden Suburb Junior School was created in consultation with

- Governors (including parent governors)
- Other professionals
- Teaching staff

The RSE policy is available on our school website:

www.gardensuburbjunior.co.uk



Our policy and practice is also influenced by:

1. Guidance on good practice from:

- PSHE Association
- Local Authority
- Christopher Winter Project

2. Feedback from Parents



New Government requirements



- The government has announced recently that Relationships Education is required by law from September 2020.
- RSE will be compulsory in all secondary schools from 2020
- The new teaching is designed to give children clear information about their rights over their own bodies and their responsibilities towards others when dealing with their peers, families and adults both in real life and online. It is also to ensure respect and tolerance in relation to equalities issues.



Our Ofsted feedback (May 2017):

Leaders make sure that pupils are taught how to keep themselves safe. Pupils understand 'stranger danger' and are very aware of potential risks when using different social networks. The school also encourages parents to be vigilant about online safety.

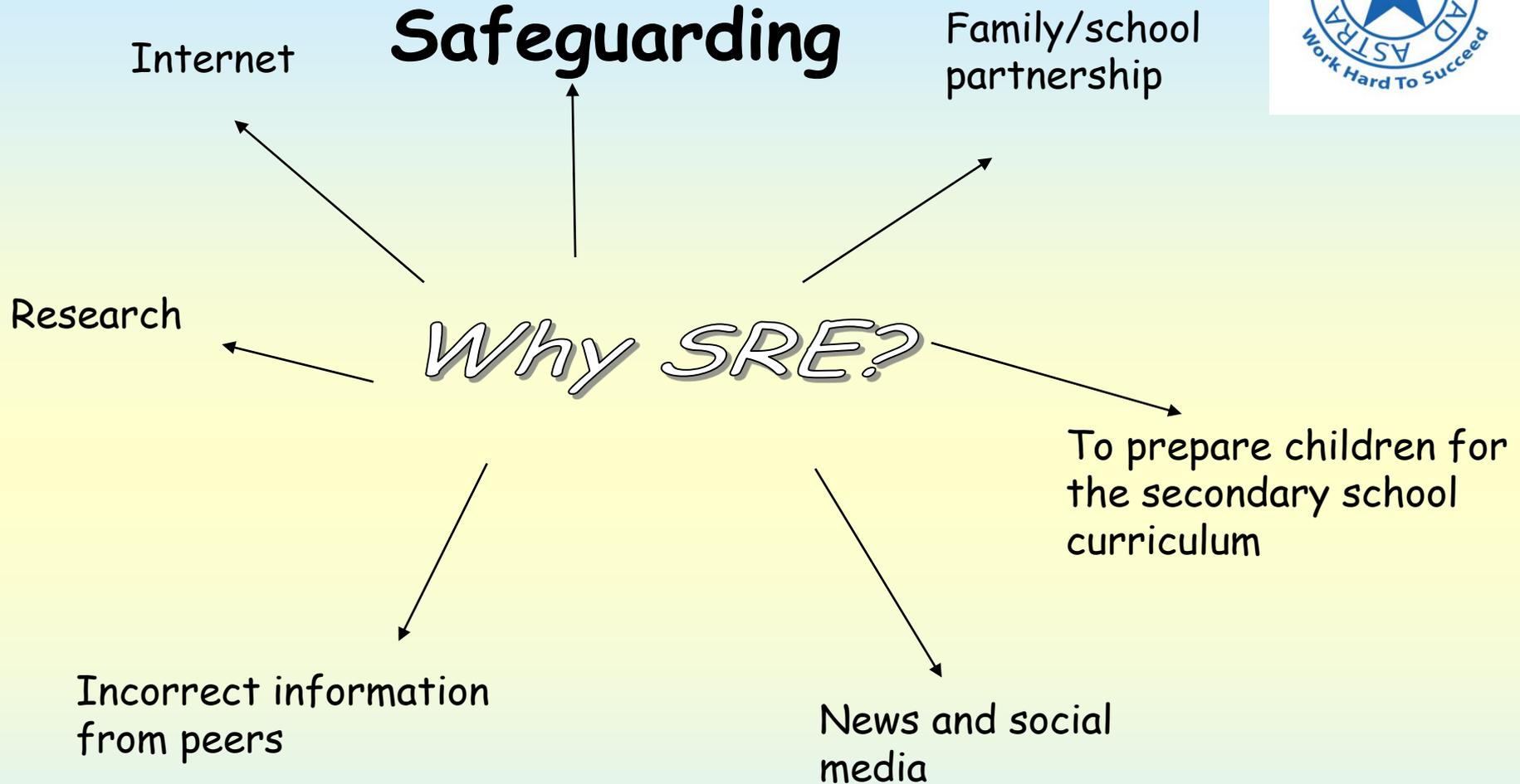
What is Relationships and Sex Education (RSE)?



The aims of the RSE programme are that it should enable all pupils to:

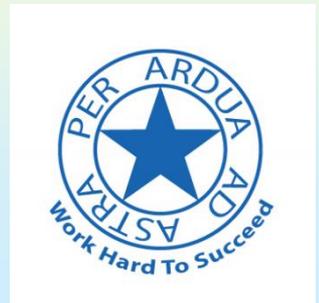
- develop confidence in talking, listening and thinking about feelings and relationships
- be able to name parts of the body and describe how their bodies work
- be prepared for puberty
- to understand that the life process of humans includes growth and reproduction,
- to recognise the pressures of unwanted physical contact
- know how to protect themselves and ask for help and support.

Safeguarding



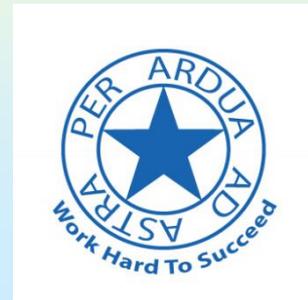
We teach children about:

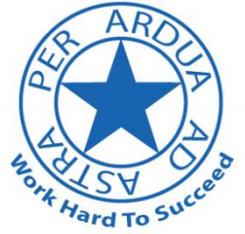
- scientific anatomical names
- puberty and the physical development of their bodies as they grow into adults
- the way humans reproduce
- respect for their own bodies
- that there are different types of families, all of which have equal value
- relationship issues
- respect for the views of other people
- inappropriate physical contact, and what they should do if they are worried about any inappropriate physical contact



We teach RSE on the understanding that:

- it is taught in the context of family life
- it is part of a wider process of social, personal, spiritual and moral education
- children should be taught to have respect for their own bodies
- children should learn about their responsibilities to others, and be aware of the consequences of sexual activity
- it is important to build positive relationships with others, involving trust and respect
- children need to learn the importance of self-control.





Year 3- Valuing differences and keeping safe

Differences: male and female

Personal space

Family differences

Year 4- Growing up

Growing and changing

What is puberty?

Puberty changes and reproduction

Year 5- Puberty

Talking about puberty

Male and female changes

Puberty and hygiene

Year 6- Puberty, relationships and reproduction

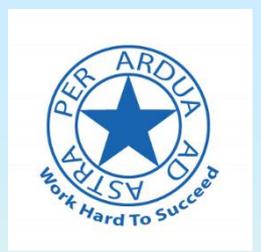
Puberty and reproduction

Understanding relationships

Conception and pregnancy

Communication in relationships

When RSE is taught



- Years 3 and 4 will be having their RSE lessons during the second half of the Autumn term
- Year 5 will be having their RSE lessons during the Spring term to link to their 'Lifecycles' work in Science.
- Year 6 will be having their RSE lessons during the Summer term when we feel they are ready for it.
- Letters will be sent home informing parents of when the RSE units of work will be taught.
- Parents have the right to withdraw their child from some, or all RSE lessons but not from the statutory science lessons.

The teaching methods for RSE include:

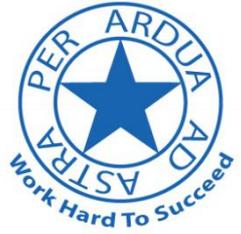
- Ground rules set with a reminder at the beginning of each lesson
- Class activities and discussions
- Games and worksheets
- Pupil reflection- anonymous questions





RSE Lesson Ground Rules

- Children will be told not to discuss personal matters concerning themselves or their family during RSE lessons, or to ask teachers personal questions.
- Before teaching RSE, children need to understand there should be confidentiality within the class - so that they know what they say will not be repeated in the playground.



CLASS RULES FOR RSE

- 1 I will listen carefully.
- 2 I will pay attention and act sensibly so that I learn as much as possible.
- 3 I will keep personal family stories to myself.
- 4 I will not ask other children or my teacher personal questions.
- 5 We are having our own class talk about sex and relationships and I will not discuss the lesson in the playground



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