

Please begin by writing the date and skill in your home learning book.

Tuesday 22nd September 2020

To create an acrostic poem

Loom link:

<https://www.loom.com/share/09d323d98e4d4359bbcb6414a5f43e60>

Password: Junior

This week, in RE, we are going to consider things that help us to feel calm or empowered.

Before we start, answer these questions in your book:

What are your strategies to calm down? Can you list 5 different strategies below?

- 1)
- 2)
- 3)
- 4)
- 5)

What are five things that make you happy either at school or at home?

- 1)
- 2)
- 3)
- 4)
- 5)

Using your ideas, you are going to write an acrostic poem about these strategies or things that help you to calm down and feel positive. An acrostic poem is when you select a word, for example CALM. The letters of your word, become the starting letter of the line of a poem. For example:

Close friends and family can lift your spirits

Animals will support you by making you laugh

Listening to music can help distract you when you feel stressed

Making art can help release tension

The lines do not need to rhyme in an acrostic poem but it is important that your poem follows a theme and that each line starts with a capital letter. You can choose your own word about calmness or positivity or use one of the words below.

Some words you could use:

Calm

Peace

Strength

Power

Resilience

Success criteria

Is it set out correctly with a capital letter at the start of the line?

Did you use accurate spellings?

Can you add any poetic devices? For example rhyming or rhythm?

When you have completed your poem, you can decorate it with pictures of things you have mentioned in the poem. You may even want to make your first letter of each line decorative. Here is an example:



We would like you to show us your acrostic poem so it can be marked.

When your work is complete, please send either:

- A PDF document of your work
- A clear photograph of your workbook / worksheet

To 5G@gsjs.barnet.sch.uk

We can't wait to read your wonderful poems!